

Alex Battini

Warm up

The warm-up consists of 12 numbered exercises (1 through 12), each containing four measures of eighth-note patterns. The patterns alternate between the right (R) and left (L) hands. The first measure of each exercise begins with a vertical bar symbol. The patterns are as follows:

- Exercise 1:** R R L L | R R L L | R R L L | R R L L
- Exercise 2:** R L R L | R L R L | R L R L | R L R L
- Exercise 3:** R L L R | R L L R | R L L R | R L L R
- Exercise 4:** L R R L | L R R L | L R R L | L R R L
- Exercise 5:** L R L R | L R L R | L R L R | L R L R
- Exercise 6:** L L R R | L L R R | L L R R | L L R R
- Exercise 7:** L L R R | L L R R | L L R R | L L R R
- Exercise 8:** L R L R | L R L R | L R L R | L R L R
- Exercise 9:** L R R L | L R R L | L R R L | L R R L
- Exercise 10:** R L L R | R L L R | R L L R | R L L R
- Exercise 11:** R L R L | R L R L | R L R L | R L R L
- Exercise 12:** R R L L | R R L L | R R L L | R R L L